

**Вашему вниманию  
предлагаются физкультурные  
минутки и занятия для деток в  
возрастной категории 5-7 лет.**

**Старшая группа**

1. [https://www.youtube.com/watch?v=vZw3YBL\\_EkE&feature=emb\\_logo](https://www.youtube.com/watch?v=vZw3YBL_EkE&feature=emb_logo)
2. [https://www.youtube.com/watch?time\\_continue=2&v=gx9IEP-0GOQ&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=2&v=gx9IEP-0GOQ&feature=emb_logo)
3. [https://www.youtube.com/watch?v=knl1Fhb\\_Xw&feature=emb\\_err\\_watch\\_on\\_yt](https://www.youtube.com/watch?v=knl1Fhb_Xw&feature=emb_err_watch_on_yt)
4. [https://www.youtube.com/watch?v=\\_2n7Q2bbWCQ&list=RDCMU CfYBbQydO4Kg\\_ew5yr\\_YgJw&start\\_radio=1&t=13](https://www.youtube.com/watch?v=_2n7Q2bbWCQ&list=RDCMU CfYBbQydO4Kg_ew5yr_YgJw&start_radio=1&t=13)
5. [https://www.youtube.com/watch?v=pI8euO78Vlw&feature=emb\\_err\\_watch\\_on\\_yt](https://www.youtube.com/watch?v=pI8euO78Vlw&feature=emb_err_watch_on_yt)
6. [https://www.youtube.com/watch?time\\_continue=8&v=mFH7mRc5p-M&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=8&v=mFH7mRc5p-M&feature=emb_logo)
7. [https://www.youtube.com/watch?v=knl1Fhb\\_Xw&feature=emb\\_err\\_watch\\_on\\_yt](https://www.youtube.com/watch?v=knl1Fhb_Xw&feature=emb_err_watch_on_yt)
- 7.1 [https://www.youtube.com/watch?v=A-dtvDa\\_IWc](https://www.youtube.com/watch?v=A-dtvDa_IWc)
8. <https://www.youtube.com/watch?v=hQo87AgB7oE>
9. [https://www.youtube.com/watch?time\\_continue=2&v=kZY0Y4xxzhY&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=2&v=kZY0Y4xxzhY&feature=emb_logo)
10. [https://vk.com/videos196513235?z=video196513235\\_456239423%2Fpl\\_196513235\\_-2](https://vk.com/videos196513235?z=video196513235_456239423%2Fpl_196513235_-2)
11. [https://www.youtube.com/watch?time\\_continue=11&v=M66ZUd7jmco&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=11&v=M66ZUd7jmco&feature=emb_logo)